

Hallam SC Sports Academy

Australian Rules Football Boys (ARFB)

Select Entry



The Hallam Secondary College Sports Academy: Australian Rules Football – Boys (ARFB) is a unique program that offers a wide range of elite industry pathways for boys in Years 10-12.

It is designed for those who are committed and talented in Australian Rules Football, Sport and Recreation fields and or VCE Physical Education. It also provides unique opportunities to complete a Vocational Education and Training qualification e.g., a trade qualification without leaving the college.

Aims

- To implement high performance conditioning and injury prevention programs for year 10, 11 and 12 students
- Implement individual long term athlete development programs and a range of short courses with a strong focus on developing skills and craft
- Develop elite skills, knowledge and understanding of Australian Rules Football through an education program that utilises AFL technology, processes and systems including GPS, video analysis, fitness testing and sports science
- To develop young men and leaders on and off the field
- Allow students to choose from a range of educational pathways that contribute to the new VCE.
- To learn from a range of external coaches including but not limited to AFL/NRL tackling coach, strength and conditioning coaches which is complemented with Deakin University sports science interns
- Conduct junior community coaching clinics in the region.

2023
Applications
Now Open

Enrolments

If you have what it takes to excel in football, please contact the College on 9703 1266 or visit: www.hallamssc.vic.edu.au to apply.

Places are limited.

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The ARFB program has strong connections with a range of elite athlete and pathway programs including but not limited to NAB League Dandenong Southern Stingrays, Gippsland Power, other academies, interleague and VFL pathways. This includes access to a range of industry leaders and experts in football.

The program also provides interstate opportunities and its involvement at School Sport Victoria and invitation only Premier League competitions.

Staff

Jason Patten Director Sports Academy

- Holds several Master Degrees in Human Performance, with more than 30 years experience
- More than 10 years AFL experience in high performance, injury prevention and rehabilitation
- Previous coordinator of the NAB-AFL Draft Combine and involved with AIS-AFL Boys Academy
- Accredited Sports Scientist, Exercise Scientist and Exercise Physiologist
- Previously worked with a range of Olympic and world champions, national and state champions in a range of individual and team sports.
- Conducted several reviews of elite sporting clubs/programs including AFL

Lachlan Moss Head of Sport

- Bachelor Sport Science Majoring in Physical Education & Science
- Master of Teaching
- AFL Level 1 Coaching Accreditation (In process)
- Ex VFL listed Northern Blues 2014-2016

Darren Roe Head Coach

- Dandenong Stingrays development coach 2019-current
- St. Kilda Next Generation Academy head coach 2018-current
- VLine Cup U15 championship assistant coach 2019
- Casey Scorpions VFL Development Coach 2014-2017
- AFLSE Interleague Coach 2014-2017
- Completed the AFLCA Next Coach Program invite only course
- Pre Season Development with Coburg Lions
- V/Line Cup Carnival 2022 Coac

Athletes have multiple opportunities to apply their skills and knowledge by participating in the following competitions:

- SSV Premier League
- State & National Sporting trips to: Canberra & Queensland



Student Highlights

Recent AFL Drafted Players

Shane Savage - Hawthorn
Tom Gillies - Geelong
Ryan Bastinac - Nth Melbourne
Arryn Siposs - St. Kilda
Piva Wright - Richmond
Nathan Wright - St. Kilda
James Harmes - Melbourne
Bailey Rice - St. Kilda
Kurt Mutimer - West Coast
Gach Nyoun - Essendon

2021 NAB League Representatives & Development Squad

Dandenong Stingrays

Sam Frangalas
Jordan French
Jacob Mutimer
Jack Wilson

Gippsland Power

Caleb Van Oostveen
Corey Braden

2020 NAB League Representatives

Dandenong Stingrays

Tiare Broughton-Ferris
Seth Harris

Gippsland Power

Caleb Van Oostveen

