Australian Rules Football Academy

Girls Program

The Hallam Senior College Sports Academy offers students a unique Australian Rules Football Development Program that provides specialisation in conditioning, training and playing whilst simultaneously providing career pathways connected to the Australian Rules Football Industry.

Aims

✓ Recognise high performance conditioning, skill training and playing as an integral educational tool and implement it as part of the student’s study
✓ Develop advanced skills, knowledge and understanding of Australian Rules Football
✓ Allow students to participate in competency based learning that will contribute to their ATAR score
✓ Promote and enhance self discipline, goal setting, time management and leadership through team participation and team experiences
✓ To increase the employability skills of students connected to the Sport & Recreation industry.

The program is accessible to Year 10, 11 and Year 12 students from Hallam Senior College.

Weekly Program Includes

Rehabilitation, strength & conditioning and/ or physiotherapy, skills practice and match play, community links & structured workplace learning.

Playing Opportunities

The 1st XVIII participate in the following competitions:
✓ SSV Knockout Competition
✓ Interstate Sporting Exchanges
✓ AFL Victoria Herald Sun Shield

Coach

Brett Alexander
Head Coach

• Bachelor of Education (Physical Education)
• AFL - NCAS Level 2
• SSV AFL Committee member 2013-
• 2009 Bonbeach FC Assistant Coach
• 2008 Sth Eastern U18 Youth Girls Interleague Assistant Coach
• 06-08 Hallam U18 Youth Girls Assistant Coach
• 2000 ROC Football Club Assistant Coach
• 95-99 Dandenong Stingrays Fitness Coach

Enrolments

For more information and application forms, please contact the College or visit: www.hallamssc.vic.edu.au

Program Highlights

SSV
State Semi-finalists

Herald Sun Shield
Premiers 2012, 2013

All Australian Team
Ellie Blackburn
Karly Tapner

AFL High Performance Academy Members
Ellie Blackburn
Karly Tapner

Victorian Representatives
Ellie Blackburn
Kristy Borg
Lauren Chalkley
Jenna Edwards
Danielle Hardiman
Chantelle Hawkins
Alicia Heins
Lauren Hojnacki
Bianca Jakobson
Isabel Marsh
Riplee McLachlan
Kirsten McLeod
Chloe McMillian
Cassandra Meads
Karly Tapner

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